

Crisis Ally Training

Compassion-based, Trauma-Informed Support Skills for the new Crisis Workforce

Growing Through© Online Crisis Ally Support Skills

Crisis Ally training is focused on practical support and authentic alliance for distress reduction, suicide and violence prevention. This skills seminar gives crisis specialists, community workers and peer supporters the confidence to manage intense moments anytime.

Crisis Ally Online is 100% online learning experience that integrates self-paced study and experiential skills training via Zoom. integrates experiential training with online content to maximize knowledge, skills and confidence. This 20-hour dual-session seminar approach accommodates work/life schedules and multiple learning styles to maximize knowledge, skills and confidence.

KEY FEATURES

- Informed by decades of experience in crisis and community services, peer support, suicide prevention, lived expertise and multi-cultural competence
- ► Internationally recognized Master Trainers
- State of the art Learning Management System
- ► Full service learner coordination & support
- Intensity Players! Professional actors for highly effective experiential skills practice.

What:

Crisis Ally Training comprises 20 hours over two seminar weeks. Each week features two 3-hour live skills sessions with four hours of self-paced online content and learning exercises. Total 8 hours self-paced plus 12 hours experiential learning. Certificate upon completion.CEUs available.*

Who:

Crisis Ally training is designed for those employed in human services, mental health, peer support, mobile crisis and/or suicide prevention settings, including volunteers.

Prior experience, including lived experience, includi

is recommended but not required.

How:

Individual online course registration and materials via our learning management platform at Humannovations-U. Group registration for agencies/organizations managed by Humannovations staff.

Fees:

Online 20 hours: \$650 per participant Non-profit/government rate: \$615 pp.

Crisis Ally is also presented in a 2-day, in-person intensive format for groups over 10.

CONTACT: info@humannovations.net

*Continuing Education credits/availability vary by state.

LEARN MORE at www.humannovations.net/crisispeerally





Humannovations-U Training KNOWLEDGE, SKILLS AND CONFIDENCE

Why Humannovations?

- Over 40 years of Master Trainer Experience in crisis mental health, peer support & program development
- <u>Trauma-Informed</u> Curricula designed for diverse cultural communities and inter-sectional identities
- Intensity Players: Professional actors provide learners with immersive role play for "real world" experience
- <u>Multiple Scheduling Options</u> to minimize work-hour impact and maximize content retention
- <u>Lived-expertise</u>: Humannovations people integrate lived experience of mental ill-health, recovery, suicide and family support with project expertise
- <u>Best Practices for Suicide Prevention</u>/ Crisis Supportintegrated throughout
- Proven Custom Trainings including the US Disaster
 Distress Helpline, Suicide Awareness Voices of
 Education; Health authorities in Michigan, New
 Hampshire, Nebraska, California, New Zealand, Illinois,
 and more.



RAINING FACILITY

Eduardo Vega; M,Psy. Humannovations CEO

Is an internationally recognized thought leader in mental health systems, peer support programs and policy, workforce development, patient/human rights and suicide prevention. Highly sought as a speaker for his dynamism and ability to connect personal experience with systems and social change, Mr. Vega was President and CEO of Mental Health Association of San Francisco and Chief of Empowerment and Advocacy at the Los Angeles County Department of Mental Health. He has served on the boards

of the College for Behavioral Health Leadership and United Suicide Survivors International, the Steering Committee of the National Suicide Prevention Lifeline, and the Executive Committee of the US National Action Alliance for Suicide Prevention. A former Fulbright Specialist and California State Mental Health Commissioner, Vega has been recognized by the Office of the White House of President Obama, the United States Senate, the Substance Abuse and Mental Health Services Administration (SAMHSA), and the International Initiative on Mental Health Leadership.



Lisa Goodale, MSW, Humannovations Associate Director, has over twenty years' experience in the area of mental health training, programs and policy, with a focus on peer support training in clinical and community-based care settings. As a Vice President for the Depression and Bipolar Support Alliance (DBSA) she was instrumental in securing and managed a \$1M+ national peer specialist training and certification contract with the US Department of Veterans Affairs (VA) and managed a \$250,000 SAMHSA Center for Mental Health Services national consumer technical assistance center grant. She has served on the NAPS Board of Directors and been a featured speaker nationally and provided expert testimony to the US Congress. It is her joy and special privilege to have been invited along on the recovery journeys of so many courageous people.

For Course Information/Registration Contact: info@humannovations.net

