



# Crisis Ally Training

## 2022 Training Overview

### Growing Through<sup>®</sup> Online Crisis Peer Ally Skills Course

Crisis Peer Ally (CPA) is a 100% online learning experience that integrates self-paced study and experiential skills training via Zoom. Our 20-hour dual-session seminar approach accommodates work/life schedules and multiple learning styles to maximize knowledge, skills and confidence.

#### KEY FEATURES

- ▶ Informed by decades of experience in peer support, crisis services, suicide prevention, lived expertise and multi-cultural competence
- ▶ Internationally recognized Master Trainers
- ▶ State of the Art Learning Management System
- ▶ Full service participant coordination & support
- ▶ Trained professional actors for highly realistic skills practice (The Intensity Players).

**CONTACT :** [training@humannovations.net](mailto:training@humannovations.net)

**What:** Growing Through 1:Offering Presence  
Growing Through 2: Intensity Ally

**Who:** The Crisis Peer Ally course (CPA) is designed for those employed in human services, mental health, crisis support and/or suicide prevention programs. Participants are invited who have some experience, including lived experience, and basic communication skills training

**How:** CPA participant registration is managed by Humannovations staff in coordination with contracting agencies/organizations. Registration and materials are delivered via our Learning Management System.

**Time:** CPA totals 20 hours over two separate weeks (GT1 and 2). Each week features two 3-hour live skills sessions (1-4 p.m.) with four hours of self-paced online content and learning exercises.

**LEARN MORE** at [www.humannovations.net/growing-through](http://www.humannovations.net/growing-through)

